**Lake Tahoe Safe Routes to School Curriculum**

6th Grade. 45 minutes. Classroom setting.

**Objectives:** Students will learn about two key concepts of biking: understanding why traffic laws are important and communicating with other traffic. The lesson will end with a game of Jeopardy including a variety of facts about bicycling safety and benefits.

**Materials:** Bike Jeopardy questions/demonstration board, cones for activities

**Introduction:** (2 minutes)

Instructor’s name and relevant background. Thank the teacher and class for hosting.

What is Safe Routes to School all about?

* Increasing safety for students and families to walk and bike to school
* Increasing the number of students and families walking to school
* Improving health by encouraging physical activity
* Preserving the environment by reducing vehicle miles traveled.

Provide brief overview of today’s lesson.

**Activity one: Chaos Box** (5-10 minutes)

See attachment.

**Activity two: Intersection Challenge** (10 minutes)

Ask the group if anyone can come up and show a bicyclists’ signals for turning left, turning right, slowing down, and stopping.

Demonstrate the correct signals and have the group do them with you.

See attachment for remaining instructions.

**Activity three: Bicycle Jeopardy** (20 minutes)

Background: Bicycle Jeopardy will provide students with an overview of some important safety messages regarding biking, as well as provide students with information regarding the health and environmental benefits of bicycling, as well as some fun facts about bicycling.

If possible, review the questions ahead of time to understand the topics covered. Hold a brief discussion about some of the health and environmental benefits of bicycling. Feel free to discuss some of your own history and interest with bicycling.

Break the class into 3-5 groups. You may keep score, but emphasize learning about bicycling is more important than any kind of competition. Rotate through having the groups select a question. Have each group discuss the question quietly and have each group provide an answer before providing the correct answer.

Not all questions need to be answered, depending on time.

**Conclusion/review:** (3 minutes)

Discuss what the class has learned, emphasizing seeing and being seen. Ask students about the benefits of bicycling and how they can stay safe while doing it. Ask for any questions. Thank the class and teacher for hosting you.